



Check out our
Summer Camp
schedule online!

Drop-In

PARENT/CHILD

Mighty Mites (45min) Ages 5 & Under
M-Tu, Th-Sun..... 10:15

Kids

Parkour Intro (1Hr) Ages 8+

Monday..... 6:30 Allen
Wednesday(*inv*)..... 6:30 Allen
Thurs..... 6:30 Allen

Parkour Intermediate (1.5Hr) Ages 8+

Mon/Thurs..... 7:30 Allen

Parkour Advanced (1.5Hr) Ages 8+

Wed..... 7:30 Allen

FUN NIGHT! (3Hr) Ages 5-13

Fri/Sat..... 7-10

Open Gym (2Hr) Ages 8+

Sun..... 11-1

Adults

Adult Gymnastics (1.5Hr) Ages 18+

Mon..... 7:30 Kermit
Wed..... 7:30 Kermit

130 Swannanoa River Rd.
Asheville, NC
(828) 252-8746

Schedule

★ Drop-In & Recreational ★

2018

Co-Ed Recreational

Preschool Ages 3-5 (45min)

Mon..... 4:00 Emma
Tue..... 4:00 Morgan
 5:00 Katie B
Wed..... 4:00 Morgan
 5:00 Morgan
Thurs..... 4:00 Morgan
 5:00 Katie B

Invitational* (1Hr)

Mon..... 5:00 Morgan

Cheer/Tumble (1Hr) Ages 6+

Thurs..... 7:00 Jeremy

ASHEVILLE



GYMNASTICS

www.ashevillegymnastics.com

GIRLS Rec

Red Beginner (1Hr) Ages 6+

Mon..... 4:00 Morgan
Wed..... 5:00 Emma
Thurs..... 4:00 Katie B
 5:00 Mary

Orange Intermediate/Beginner (1Hr)

Tues 5:00 Morgan
 6:00 Morgan
Wed..... 6:00 Morgan
Thurs..... 4:00 Mary

Yellow Intermediate (1Hr)

Mon 4:00 Mary
Wed 4:00 Emma
Thurs..... 6:00 Emma

Green Intermediate/Advanced (1Hr)

Tue..... 5:00 Piper
Wed..... 6:00 Emma

Blue Advanced (2Hr)

Tues..... 5:00 Cyndi
Thurs..... 5:00 Cyndi

Purple Invitational Advance (2Hr)

Fri..... 5:00 Cyndi

BOYS Rec

Level 1 Beginning (1 hour) Ages 6+

Mon..... 5:00 Thomas
Wed..... 4:00 Thomas

Level 2 Intermediate (1 hour)

Mon..... 4:00 Thomas
Wed..... 5:00 Thomas

Advanced (Non-Team) (2 hour)

Tues..... 5:00 Thomas

Call to schedule a
FREE trial class
or book a **BIRTHDAY PARTY!**